



*The Art of Alignment*  
*Weekend Workshop with Advanced Training*

*August 7 - 8, 2010*  
*in Houston, Texas*



*Join Raye Lynn Rath and Becky Jordan at The Yoga Institute in Houston for a weekend workshop and advanced training on the art of alignment. Together we will learn and explore alignment through physical adjustments with therapeutic applications and modifications for yoga asana.*

*The Saturday session is open to students of all levels. The Sunday sessions are open to intermediate and advanced level students.*

<p><i>Saturday: All Levels</i>  <i>1:30 - 4:30 pm</i>  <i>Sunday: Intermediate/Advanced</i>  <i>9:00 am - 12:00 pm</i>  <i>and 1:30 - 4:30 pm</i></p>	<p><i>@ The Yoga Institute</i>  <i>2150 Portsmouth Street</i>  <i>Houston, Texas 77098</i>  <i>(in Shepherd Plaza)</i></p>
<p><i>\$153 in advance (if paid by 7/24/2010)</i>  <i>\$165 (after 7/24/2010)</i>  <i>or \$60 per session for Saturday</i>  <i>afternoon or Sunday morning;</i>  <i>\$75 for Sunday afternoon</i></p>	

*You may register in person at The Yoga Institute in Houston and in Clear Lake, the Heart of Texas Yoga, or by calling 713 526-6595.*